

THE VITAL HEALTH CARE GROUP

Vital Link, A Home Care Company
Vital DME

THE VITAL TIMES

Volume 4, Issue 1

April 26, 2011

QUARTERLY NEWSLETTER

~HEALTH~

Get Moving:

If you're the type who can't get excited about getting active or simply can't find the time, it might be easier than you think to make movement a habit. Here are some tips to try:

- **Have Fun.** If you like what you're doing, you're more likely to do it.
- **Switch it up.** Doing the same thing over and over can get old fast. Keep your routine fresh and interesting by trying new and different activities.
- **Reward yourself.** Set fitness goals and treat yourself when you make them. Get in a walk every day for a month? Buy yourself a new outfit, or take in a show or big game.

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Congratulations on 5 Years of Service



Lisa Hite 1/9/2011



Christina Gegenheimer 2/1/2011



Carroll Linden 2/6/2011

Welcome

Performance Improvement Coordinator

Vital Link, A Home Care Company would like to extend a very warm welcome to **Michelle Huggins RN**, as our new Performance Improvement Coordinator. Michelle joins Vital with over 9 years of home healthcare industry experience. Prior to joining Vital she served as the Director of Clinical Services at Synergy Healthcare. Michelle has had extensive coding education, received OASIS Certification in 2008, OASIS Specialist- Clinical Certification, and also held a certification in Sharps Debridement. We are excited about the opportunities for 2011 and beyond for Vital with our renewed focus on the quality of the health care services that we deliver each and every day. Please join us as we welcome Michelle to our Vital family.



JANUARY

01/02 Amy Brown (Bog)
 01/02 Chevelle Stewart (B.R.)
 01/04 Keith Dimaggio (Met)
 01/06 Dedra Franklin (Hmd)
 01/06 Merrill Townsend III (Met)
 01/07 Brandy Bazile (Met)
 01/08 Carol Rockwell (Corp)
 01/10 Mitzi Dufrene (Corp)
 01/11 Lacy Riley (Bog)
 01/16 Sullandra ClouDET (BR)
 01/16 Daniel Riehm (Corp)
 01/18 Carl Clark (Corp)
 01/18 Charlotte Leonard (Bog)
 01/20 Brenda Sziber (Hmd)
 01/29 Shawna Mitchell (Met)
 01/29 Joan West (Mand)
 01/29 Shirley Williams (Met)

Happy Birthday



FEBRUARY

02/01 Jeanne Rodriguez (Met)
 02/03 Amelia Ruffin (Hmd)
 02/03 Gregory Deichmann (Corp)
 02/06 Karlene Burgoon (B.R.)
 02/06 Loretta Stewart (Bog)
 02/07 Sharon Hoffmeister (Met)
 02/08 Elisabeth Sullivan (Hmd)
 02/09 Wendi Presson (Bog)
 02/12 Megan Patorno (Met)
 02/13 Michael Harris (DME)
 02/14 Karen Martin (Met)
 02/19 Sharom Lemieux (Bog)
 02/19 Erin Doiron (B.R.)
 02/25 Pamula Mixon (Corp)

MARCH

03/06 Elaine Hayden (Hmd)
 03/10 Cheryl Hall (Corp)
 03/10 Linda Doyle (Met)

03/12 Kim Knoblock (Met)
 03/18 John Gulczynski (Bog)
 03/19 Deredra Vales (Hmd)
 03/24 Aneka Moll (South)
 03/28 Sue Hines (Bog)
 03/30 Donna Jackson (Hmd)
 03/30 Karen Martinez (Met)

APRIL

04/01 Angelique Knoblock (Hmd)
 04/04 Nikki Welsh (Hmd)
 04/05 Tyrone Parker (Hmd)
 04/12 Martha Thomas (Bog)
 04/14 Mona Davis (Hmd)
 04/14 Deborah Intravia (Hmd)
 04/15 Sheila Seal (Bog)
 04/16 Jessica Scyster (DME)
 04/28 Casey Jaynes (Met)

MAY

05/03 Vera Traina
 05/06 Jennifer McConne (Met)
 05/08 James Giangrosso (DME)
 05/11 Nicky Muscarello (Hmd)

05/16 Michael Sweeney (Hmd)
 05/18 Beth Bayer (Met)
 05/20 Margaret Caruso (Met)
 05/21 Kristy Welsh (Hmd)
 05/21 Lynnette Bourgeois (Met)
 05/25 Carmela Ellis (Met)
 05/26 Marcy Bladsacker (Corp)
 05/29 Solonia Robinson (Met)
 05/29 Elaine Gemelos (Met)

JUNE

06/06 Tawanda Jackson (Bog)
 06/06 Chris Anglin (Bog)
 06/07 Brigitte Bankston (Hmd)
 06/11 Kathy Warner (Bog)
 06/18 Sharron Walker (B.R.)
 06/19 Priscilla Gallesse (Met)
 06/21 Mary Hebert (Hmd)
 06/22 Carrie Layrisson (Hmd)
 06/22 Kami Kellis (Mand)
 06/23 Rhonda Bagby (Met)
 06/25 Jennifer Pearson (B.R.)
 06/28 Julie Tate (B.R.)
 06/29 Angela Patorno (Met)

Welcome New Employees to the Vital Family

~Vital Link~

Chevelle Stewart (B.R.)
 Sharron Walker (B.R.)
 Erin Doiron (B.R.)
 Jennifer Pearson (B.R.)
 Melanie Warrington (B.R.)
 Sullandra ClouDET (B.R.)
 Hilary Dickson (Hmd)
 Brittany Fortmayer (Hmd)
 Amelia Ruffin (Hmd)
 Michelle Huggins (Hmd)
 Christie Cooper (Hmd)
 Kristy Welsh (Hmd)

~Vital Link~

Chanda Winstead (Mand)
 Michelle Livaccari (Mand)
 Keri Maresma (Mand)
 Karen Crum (Mand)
 Deborah Elliott (Mand)
 Brenda Woodworth (Met)
 Angela Patorno (Met)
 Jennifer Kent (Met)
 Casey Jaynes (Met)
 Megan Patorno (Met)
 Sharon Hoffmeister (Met)
 Shawna Mitchell (Met)

~Vital Link~

Yvette Sapp (Met)
 Karen Martinez (Met)
 Kelly Strahan (Met)
 Britney Gauthreaux (Met)
 Jessica Nguyen (Met)
 Mary Trueblood (Met)
 Darria Moore (Met)
 Carmela Ellis (Met)
 Joel Biernacki (Met)
 Dana Brazile-Blandin (Met)
 Karen Applewhite (Bog)
 Whitney Alexander (Bog)



Employee Appreciation



Vital would like to thank all employees for their dedication and hard work they give to the company. These dates are set aside to recognize you, our employee..

MARCH - National Social Workers Month

APRIL - National Occupational Therapy Month : (25th-29th) Administrative Professionals Week

MAY - Speech Therapy Month : (6th-12th) National Nurses Week

JUNE - National Nursing Assistant Week (16th-23rd)

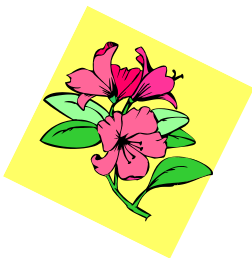


Spotlight-Patient Care Coordinators-A Vital “Link” within our Company

Vital Link, A Home Care Company employs nurse coordinators in each of our offices who serve as Patient Care Coordinators (PCCs). Patient Care Coordinators are a critical “link” between the offices and the field, communicating information pertaining to patient care, relying important pieces of data or information to facilitate care delivery and also supporting all disciplines who work in the field. The Patient Care Coordinators are nurses with an immense and varied amount of clinical and home health experience. In addition to the front line duties that you may see the PCCs doing, there are many behind the scenes activities that occur on a daily basis as well. Everything from reviewing paperwork, recording clinical notes, referrals/intake, staffing, conducting clinical case conferences, attending meetings and covering patient visits-they where many hats!! We recently completed training sessions for our Patient Care Coordinators whereby they were invited to our Hammond office to share experiences and understand our company goals, challenges, and vision for 2011. We are gearing up for a second round of training in the next few weeks to continue to focus on strengthening our team. At a time in our industry when many companies face layoffs and reductions in their office staff, we are committed more than ever to dedicating resources to promote high quality, coordinated patient care services. Our PCCs have been tasked with a huge job and we would like to say Thank You! Our PCCs were polled recently with the question: What types of qualities must one possess in order to be a really good PCC? The responses were:

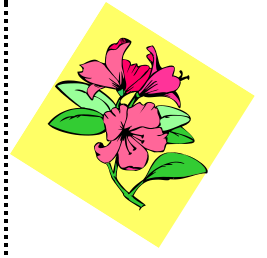
- Flexibility
- Organizational Skills
- Ability to develop positive relationships with case managers and hospital referral sources
- Ability to remain calm and go out of your way when necessary to help a referral source
- Good listening skills/Good Communicators
- Excellent resources to field/patients caregivers/referral sources
- Ability to challenge and lead their team
- Patience
- Good phone skills when receiving calls
- Ability to be helpful to the field staff
- Multi-tasker
- Methodical
- Educated
- Efficient/Cost-Effective
- Knowledgeable/ Experienced
- Self-Starter

WE are proud of our PCCs and the work that they do. Thank you for your many abilities and the roles you undertake each and Everyday.



SEASONAL ALLERGY TIPS FOR SPRING:

- **Keep windows and doors closed** as much as possible to prevent pollen from blowing into your home
- **Avoid going outside** between 5am and 10am, when pollen counts are highest
- **Don't hang dry your clothes outside**, as pollen can be transferred to your clothes and into your home
- **Shower and wash your hair** before bed so you don't spend the night covered in allergens
- **Try to exercise indoors** during the pollen season
- **Wear a paper mask while gardening** to protect yourself from flower and weed pollens



Employee Benefits Information....



Vital is now enrolled in the AT&T Wireless Premier account. All Vital employees will have the benefit of receiving a discount from their AT & T Wireless provider. A memo will be going out to employees with details on how the Premier account works.



New Arrivals.....



CONGRATULATIONS



Brittany Lee (Bog) on the birth of her son **Brody Lee** born
January 3, 2011

Brandi Bazile (Met) on the birth of her son **Maxwell Charles** born
March 16, 2011

Michelle Bourg (DME) on the birth of her son **Holden** born
March 20, 2011

The Vital Health Care Group

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