

**THE VITAL HEALTH
CARE GROUP**

Vital Link, A Home Care Company
Vital DME
Vital Link Home Care-South

QUARTERLY NEWSLETTER

THE VITAL TIMES

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**Little Known Facts
about Breast Cancer:**

* The youngest known survivor of breast cancer is from Ontario, Canada. At only three years old she underwent a complete mastectomy in 2010 to treat her juvenile strain of breast cancer.

* Breast cancer is the most common type of cancer among American women after skin cancer. It is the second leading cause of cancer death in women after lung cancer.

* The United States has the most cases of breast cancer in the world.

* One myth about breast cancer is that a person's risk is increased only when there are affected relatives on the mother's side of the family. However, the father's side of the family is equally important in assessing breast cancer risk.

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Congratulations on 5 Years of Service



Sheila Seal 5/27/2014

Congratulations on 10 Years of Service



Donna Jackson 6/17/2014



Mitzi Dufrene 7/06/2014



Congratulations!!

Jimmy Giangrosso (Vital DME)



Case Management Certification

Board certification is the mark that sets one apart, demonstrating the experience and knowledge it takes to serve clients with complex challenges and to serve shoulder-to-shoulder with peers in today's team-based care environment. In addition to the rigorous knowledge and experience base necessary to achieve certification, one must uphold the professional and ethical standards required under the Code of Conduct for Case Managers. Jimmy Giangrosso as a Board-Certified Case Manager has a role to play in influencing the changing health care policy as well.

Good Luck and Congratulations to Jimmy Giangrosso, RRT, CCM from the entire staff of The Vital Health Care Group



Welcome New Employees

Amber Grimes (DME)	Hilary Dickson (Mand)	Candace Fortenberry (Bog)
Demetrice Royal (South)	Alisa Richards (Mand)	Bobbie Mckean (SB)
Melinda Pidgeon (South)	Donna Person (Mand)	Rebecca Mundle (SB)
Mary Rachal (South)	Jennifer Rogers (Mand)	William Mckean (SB)
Doreen Fowler (South)	Catherine Gomez (Mand)	
Melissa Gerage (BR)	Jan Rodrigue (Mand)	
Brittany Simmons (BR)	Carol Zamjahn (Mand)	
Teresa Thai (BR)	Brittany Magee (Mand)	
Susan Young (Ham)	Dorothy Gilbert (Mand)	
Kami Pritchard (Mand)	Kira Gilmore (Mand)	

SB = Senior Bridge



Happy Birthday

October

Taneshia Pierre 10/1 (*South*)

Michelle Enriques 10/4(*South*)

Crystal Attuso 10/06 (*South*)

Lacy Taylor 10/7 (*Mand*)

Donna Rohm 10/13 (*South*)

Stacy Brown 10/16 (*South*)

Cheryl Kane 10/19 (*South*)

Mike Hollander 10/24 (*Corp*)

Carl Carlton 10/28 (*Ham*)

November

Cassandra Moore 11/1 (*BR*)

Ronda Cairns 11/4 (*Mand*)

Teresa Davis 11/6 (*SB*)

Kathleen Hartland 11/11 (*South*)

Murel Johnson 11/12 (*Mand*)

Ruby Schwartz 11/16 (*SB*)

Michelle Huggins 11/16 (*Ham*)

Danielle Roussel 11/23 (*Ham*)

Patricia Antoine 11/25 (*South*)

Laura Ricuard 11/27 (*South*)

December

Robyn Woodall 12/3 (*Ham*)

Donna Relan 12/8 (*Ham*)

Kira Gilmore 12/9 (*Mand*)

Ashley Mossbarger 12/9 (*SB*)

Latoya Landrews 12/20 (*Ham*)

Clayton Perry 12/21 (*South*)

Sarah Davis 12/22 (*Ham*)

Travis Hulsey 12/22 (*Ham*)

Christie Cooper 12/25 (*SB*)

Pamela Pfungsten 12/30 (*Mand*)

Susan Young 12/30 (*Ham*)

Candace Fortenberry 12/30 (*Bog*)

SB = Senior Bridge

Vital Thought

**“Three things cannot be long hidden: the sun, the moon
and the truth.”**

By Siddhartha Gautama, the Buddha, Himalayan sage

Important Reminders

All Vital Employees

If you have not signed up for Humana Vitality, then sign up today. Just go to HumanaVitality.com then register to log in, take the Health Assessment to begin earning Vitality Points. Set your personal goals, including scheduling a Vitality Check and other health activities to earn more Vitality Points. Review other opportunities to earn Vitality Points in categories on your browser bar. By signing up

THIS MAY HELP LOWER THE PREMIUMS!!!!

So what are you waiting for? Sign up today!!

Daylight Savings

Don't forget to Fall Back Sunday November 2nd!!!



As we prepare for the upcoming Holiday Season, *The Vital Health Care Group* would like to wish everybody a safe and joyous holiday!!!

The Vital Health Care Group

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